

MAGNESIO MODERNO®

MAGNESIUM FOOD SUPPLEMENT

BASED ON MAGNESIUM MARINE CARBONATE AND MAGNESIUM BISGLYCINATE - MagChel®



ROLE OF MAGNESIUM

- Muscles⁵**
- Brain⁴**
- Bones⁶ and teeth⁷**
- Nervous system³**
- Mineral balance⁸**
- Reduction of fatigue¹**
- Energy metabolism²**

RECOMMENDED FOR

- Magnesium offers benefits to many functions of the organism.
- Useful for those who feel tiredness and fatigue.
- To those who want to support the normal functioning of the nervous system.
- For those who want to support normal muscular functions.
- Contributes to normal energy metabolism.



PACKAGING: 300G JAR WITH INTERNAL DISPENSER
NET WEIGHT: 300 g

INFORMATION

Magnesium chelates (MagChel ™) are modern compounds obtained from an amino acid bound to an atom of magnesium. In these cases it is said that magnesium is chelated by amino acids. The presence of the amino acid makes magnesium particularly bioavailable for the body and promotes its absorption.

CHARACTERISTICS

Magnesium Moderno® has an original and innovative formula that provides marine carbonate magnesium combined with magnesium chelate (MagChel ™). Magnesium carbonate converts in magnesium citrate solution, thanks to the presence of natural citric acid. This special matching makes the formula effective and modern. Magnesium contributes to the reduction of tiredness and fatigue¹, energy metabolism² and normal functioning of the nervous system³. Magnesium also assists normal psychological function⁴ and normal muscle function⁵. Finally magnesium contributes to the maintenance of bones⁶ and normal teeth⁷ and contributes to electrolytic balance⁸. The product is gluten-free, lactose-free, sugar-free, GMO-free and allergen-free**. The formula is compatible with vegan diets. **The ingredients of this product are not included among the allergens, according to Annex II Regulation EU 1169/2011

INDICATIONS

Magnesium contributes to electrolyte balance and normal muscle function. Magnesium assists the normal functioning of the nervous system and the regular energy metabolism, contributing to the reduction of tiredness and fatigue.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 2.3 g (about 1 teaspoon or 1 measuring scoop) of the product in a glass of water, not cold, preferably in the evening and away from meals. Wait for the solution become transparent.

Adults: 2.3 g (about 1 teaspoon or 1 measuring scoop) maximum 2 times per day.
Boys 11-14 years: 2.3 g (about 1 teaspoon or 1 measuring scoop) 1 time per day

INGREDIENTS

Acidifying agent: citric acid, marine carbonate magnesium, bisglycinate magnesium (MagChel ™).

TYPICAL VALUES

	4,6 g (about 2 teaspoons or 2 measuring scoops)	%NRV
Magnesium	450 mg	120 %

NRV: Daily reference nutritional value (adults) Reg. EU n. 1169/2011

WARNING: Food supplements should not be intended as substitutes for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended maximum daily dose. Keep out of reach of children under 3 years of age. *The product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

STORAGE METHOD: The minimum term of conservation refers to the product in its intact packaging, correctly preserved. Keep the product in a cool and dry place.