

# RAMTECH<sup>®</sup> HYDRO

## BCAA FOOD SUPPLEMENT WITH $\beta$ -ALANINE, ZINC AND VITAMINS B6-B1 WITH SWEETENER



TO NOURISH THE MUSCLES AND REDUCE RECOVERY TIME



- B.C.A.A. USEFUL IN THE ATHLETE'S DIET
- WITH  $\beta$ -ALANINA TO MANAGE VERY INTENSE PHYSICAL EFFORT
- WITH ZINC FOR AN OPTIMAL PROTEIN SYNTHESIS
- WITH PepForm<sup>®</sup> FOR A BETTER ABSORPTION
- INSTANT FORMULA

### POWERED WITH



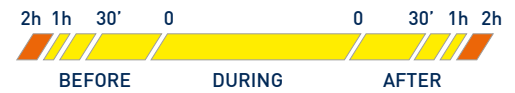
**INSTANT FORMULA**  
PACKAGING: JAR 250 G  
ORANGE FLAVOUR

### RECOMMENDED FOR

SUITABLE FOR ALL SPORTS REQUIRING GREAT MUSCULAR EXERTION

- People who want to improve recovery
- People who need to nourish their muscles
- People who do very intense and high-load training
- People who needs to reinforce muscle tissue
- People who needs intra-workout BCAA

### WHEN TO USE RAMTECH<sup>®</sup> HYDRO



Warnings: supplements are not intended as substitutes for a varied diet, but are intended to be used as part of a varied balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Do not use in pregnancy, in children or for long periods without any medical advice. Store in a cool, dry place away from light. The expiration date applies to the product in its intact container when stored as directed. The product is tested free of anabolic steroids, stimulants and SARMS.

### INFORMATION

Branched-Chain Amino Acids (B.C.A.A) are essential to human nutrition. They represent the main constituent of muscular tissue and are useful in the diet of athletes. Peptides are small chains of amino acids that often are faster to assimilate than amino acids

### FEATURES

Ramtech<sup>®</sup> Hydro provides branched-chain amino acids,  $\beta$ -Alanine and Vitamins B. B-group vitamins (B6 and B1) contribute to normal energy metabolism. Vitamin B6 contributes to the reduction of tiredness and fatigue and to normal protein and glycogen metabolism. Zinc contributes to protein synthesis. Pepform<sup>®</sup> - Leucine Peptides allows an effective absorption of leucine. This product is useful for people who do intense sports. This product does not contain gluten (Gluten Free), therefore is suitable also for people suffering from celiac disease or gluten intolerance.

### INDICATIONS

Branched-chain amino acids are useful to supplement the athlete's diet.

### HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 dosis (2 small scoop = 10 g) in at least 250 ml of water. The product can be taken during intense activities (intra workout), dissolved in a bottle, also associated to other supplements. The product is also suitable for post workout. The maximum dosage allowed is 5g BCAA/day, equivalent to 2 measuring scoops.

### INGREDIENTS

L-Leucine, fructo-oligosaccharides, L-Isoleucine, L-valine, Acidifier: citric acid; flavourings: anti-caking agent: silicon dioxide; beta alanine, Pepform leucine. (hydrolyzed whey protein, L-Leucine) tit 40% total L-leucine, sweetener: sucralose; emulsifier: sucrose esters of fatty acids; zinc gluconate, colouring: carotene; pyridoxine hydrochloride (vitamin B6), thiamine hydrochloride (vitamin B1).

### TYPICAL VALUES

	Per dose (10g)	%NRV (Per dose)
L-Leucine	2420 mg	-
PepForm <sup>®</sup> Leucine Peptides	200 mg	-
of which L-Leucine	80 mg	-
L-Isoleucine	1250 mg	-
L-Valine	1250 mg	-
$\beta$ -Alanine	350 mg	-
Thiamine (Vit B1)	0,83 mg	(75% NRV)
Vitamin B6	1,8 mg	(125%NRV)
Zinc	15 mg	(150% NRV)

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

L-Leucine tot. per dose= 2500 mg

1 dose = 10g (2 measuring scoop = dose max/die)

PepForm<sup>®</sup> Leucine Peptides è un marchio registrato di Glanbia Nutritionals Limited.